



HORAIRE STUDIO 1

LUNDI

WAKE UP
SPINNING
6:30 – 7:30
MARYSE

SPINNING
18:00 – 19:00
TIM

SPINNING
19:00 – 20:00
TOM

HIP HOP
20:10 – 21:10
ANGELO

MARDI

BOOT CAMP
SPINNING
17:00 – 18:00
PASCALE

SPINNING
18:00 – 19:00
TIM

MERCREDI

WAKE UP
SPINNING
6:30 – 7:30
JASMINE

SPINNING
18:00 – 19:00
MARYSE

SPINNING
19:00 – 20:00
TOM

HIP HOP
20:15 – 21:15
ANGELO

JEUDI

SPINNING
18:00 – 19:00
JOSÉE

VENDREDI

WAKE UP
SPINNING
6:30 – 7:30
JASMINE

SPINNING
18:00 – 19:00
TOM

SAMEDI

SPINNING
9:30 – 10:30
TOM

HIP HOP
11:00 – 12:00
ANGELO

DIMANCHE

SPINNING
10:00 – 11:00
TIM

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